

# Still here

**Our ongoing mental health support for Plymouth secondary schools is now online.**

**The Young Devon counselling service for Plymouth schools is still open and available to provide a remote service for pupils.**

We are offering mental health and wellbeing support, including assessments, counselling and listening; dependent on what would be most helpful at this time.

All sessions are run remotely and can be accessed via Skype, Zoom, WhatsApp, email and phone.

We are still here; providing a flexible wellbeing offer to suit young people's needs or preferences during this difficult time.

**“It is good to be able to talk to someone outside my family...”**

**- Young Person**

## Contact

Call: 08082 810 155

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Website: [www.youngdevon.org](http://www.youngdevon.org)

