

## Where is the Advice Service?

During the period of Covid 19 P.A.S.S. will be a virtual service and will be operating online until it is possible to meet in person.

When it is safe for P.A.S.S to meet you in person the location will be: Leadworks, 170 Rendle Street, Stonehouse, Plymouth, PL1 1TP. Please do not turn up to this address for the Advice Service without a previously arranged appointment with us.

## What time is the Advice Service?

The Advice Service runs on Wednesday afternoons.

**P.A.S.S. is not a Crisis Service. If you are in need of Crisis help you should contact First Response on 01752 434922.**

### P.A.S.S. Contact Details



Tel: 01752 434033



Email: [livewell.pass@nhs.net](mailto:livewell.pass@nhs.net)



Website: <https://www.livewellsouthwest.co.uk>



Facebook: Plymouth Autism Spectrum Service

# Plymouth Autism Spectrum Service Advice Service



Post-Diagnostic Support for  
People with Autism  
in Plymouth

## What is P.A.S.S.?

The Plymouth Autism Spectrum Service (P.A.S.S.) has been developed to provide a dedicated and specialist service for adults with autism, their families, health & social care services and to collaborate with community organisations within Plymouth.

P.A.S.S. offers two services: 1) Advice Service 2) Specialist Training and Consultation Service available to adult Livewell SouthWest services and relevant adult Plymouth City Council services

## Who is in the P.A.S.S. Team?

P.A.S.S. is a small service which is led by a Highly Specialist Clinical Psychologist.

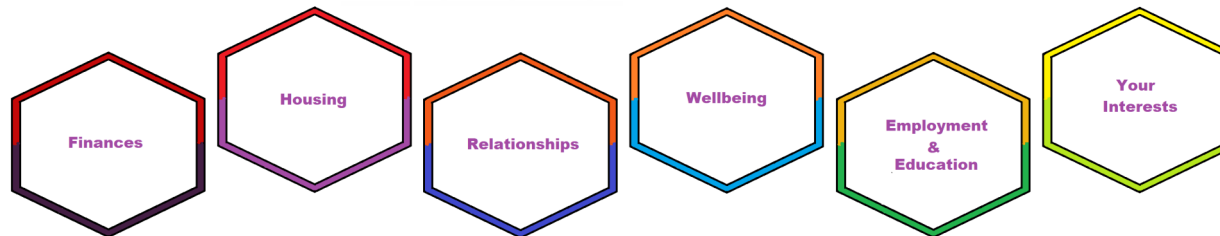
## What is P.A.S.S. Advice Service?

- 1:1 Signposting & Advice for adults with autism and their families
- Workshops
- Support with accessing services
- Drop-in social space
- Navigating Autism and Mindfulness groups
- Co-working with Community Organisations

## Who will be at P.A.S.S. Advice Service?

The P.A.S.S. Team will be at the Advice Service. The following types of support will be available at the Advice Service.

- Social Care
- Housing Support
- Employment Advice
- Benefits Advice
- Plymouth Options



## How do I access P.A.S.S. Advice Service?

To access the Advice Service you must be:

- aged 18 or over
- formally diagnosed with Autism
- registered with a Plymouth GP



The service is for adults with Autism who are not eligible to access support through the Learning Disability Service. You or somebody on your behalf can refer in to the service with your consent.

You can access P.A.S.S. by completing the referral form and sending it to us via post or email.

Please post your referral form to:

Plymouth Autism Spectrum Service, Westbourne Unit, Scott Business Park, Beacon Park Road, Plymouth, PL2 2PQ

Or email your referral form to:

[livewell.pass@nhs.net](mailto:livewell.pass@nhs.net)

## What will happen when P.A.S.S. receives your referral form?

We will contact you when we have received your referral form, to arrange an initial session. You will be asked to send in the report for your diagnosis of autism before you appointment.

At the initial session you will be given the opportunity to talk about your current experiences and together we will develop an action plan to help best meet your needs. We will support you to carry out the action plan. After the initial session you can then access P.A.S.S. groups and meet the other staff at the Advice Service.

Once we have met you, the service is available to you whenever you need support. We will check in with you 12 weeks from your first appointment (with your consent).